

# ON THE GO MENU

**Four Points by Sheraton  
Hotel & Suites Calgary West**

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# ON THE GO

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Gourmet boxed meals are pre-ordered and ready for pick up. Great for sports tournaments, touring around or just on the go. All prices are per person.

## BREAKFAST

Croissant with peanut butter, whole fruit, individual yogurt, bottled orange or apple juice, bottled water..... **\$7.75**

Banana bread with butter, individual yogurt with roasted granola, whole fruit and bottled orange or apple juice, bottled water ..... **\$8.75**

Breakfast bun with fried egg, bacon and cheddar, fresh sliced fruit cup and bottled orange or apple juice.... **\$9.75**

Breakfast bagel with fresh tomato, lettuce, fried egg, bacon and cheddar, served with a fresh sliced fruit cup and bottled orange or apple juice ..... **\$9.75**

Breakfast wrap with fresh scrambled egg, sautéed peppers, bacon and cheddar, served with a fresh sliced fruit cup and bottled orange or apple juice..... **\$10.75**

## LUNCH & DINNER

### Wraps

Chicken chipotle wrap, Greek salad, fresh baked cookies with bottled water or bottled juice..... **\$15.75**

Turkey and bacon wrap, classic Caesar salad, fresh baked cookies with bottled water or bottled juice ..... **\$15.75**

Beef with caramelized onion wrap, classic Caesar salad, fresh baked cookies and bottled water or bottled juice ..... **\$15.75**

Grilled vegetable and hummus wrap, organic quinoa salad, fresh sliced fruit cup and bottled water or bottled juice..... **\$15.75**

### Salads

Organic quinoa salad, grilled chicken, fresh sliced fruit cup and bottled water or bottled juice..... **\$12.75**

Greek salad, topped with grilled chicken, chocolate brownie and bottled water or bottled juice..... **\$12.75**

Classic Caesar salad, topped with grilled chicken, gourmet cheesecake and bottled water or bottled juice..... **\$13.75**

### Pizzas

Mini vegetable pizza, classic Caesar salad, fresh baked cookie and bottled water or bottled juice..... **\$13.75**

Mini BBQ chicken pizza, Greek salad, fresh baked cookie and bottled water or bottled juice..... **\$15.75**

Mini Italian pizza, classic Caesar salad, fresh baked cookie and bottled water or bottled juice..... **\$15.75**

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## Burgers

Veggie burger, mix garden salad, fresh baked cookies and bottled water or bottled juice .....**\$15.75**

Grilled chicken burger, classic Caesar salad, chocolate brownie and bottled water or bottled juice.....**\$16.75**

Cheeseburger, mix garden salad, fresh baked cookies and bottled water or bottled juice.....**\$16.75**

## Gourmet Meals

Vegetable tomato basil pasta, classic Caesar salad, chocolate brownie and bottled water or bottled juice .....**\$18.75**

Pasta Bolognese, classic Caesar salad, chocolate brownie and bottled water or bottled juice.....**\$20.75**

Butter chicken with steamed rice, garlic naan, dessert squares and bottled water or bottled juice.....**\$21.75**

Grilled chicken, roasted baby potatoes, sautéed vegetables, gourmet cheesecake and bottled water or bottled juice .....**\$24**

## ENHANCEMENTS

Whole fruit ..... **\$3**

Fresh fruit cup ..... **\$4**

Vegetable batons with ranch dip..... **\$4**

Individual yogurt ..... **\$3**

Individual milk to go ..... **\$4**

Bread buns and butter ..... **\$2**