

TEAMS MENU

**Four Points by Sheraton
Hotel & Suites Calgary West**

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TEAMS

HOT AND COLD BREAKFAST BUFFETS

Outside food and beverage are not permitted in the function rooms, and food from the buffet is not permitted to be removed.

For groups that are less than the minimum requirement, add \$4 per person.

The Kick Start\$8 pp

Oatmeal with brown sugar and honey

Assorted bagels served with plain cream cheese, and preserves

Chilled carafes of orange, apple and cranberry juice

Enhancement: Coffee/Tea \$2.50 per person

The Power House..... \$14 pp

(Minimum of 15 guests)

Selection of healthy muffins

Assorted bagels served with plain cream cheese, and preserves

Hard boiled eggs

Oatmeal with brown sugar and honey

Sliced seasonal fresh fruit

Individual fruit yogurts served with roasted granola

Enhancement: Coffee/Tea \$2.50 per person

Oh Canada..... \$16 pp

(Minimum of 15 guests)

Selection of breakfast pastries and muffins

Assortment bagels and breads with plain cream cheese and preserves

Sliced seasonal fresh fruit

Three cheese scrambled eggs

Roasted potato hash

Your choice of bacon or breakfast sausage

Chilled carafes of orange, apple and cranberry juice

Enhancement: Coffee/Tea \$2.50 per person

The Stampeder..... \$17 pp

(Minimum of 15 guests)

Farm fresh scrambled eggs

Potato hash

Bacon and breakfast sausage

Sliced seasonal fresh fruit with Greek yogurt

Your choice of butter milk pancakes or French toast, both served with warm maple syrup, whipped butter, fruit compote and whipping cream

Chilled carafes of orange, apple and cranberry juice

Enhancement: Coffee/Tea \$2.50 per person

ENHANCEMENTS

Sausage or bacon \$3 pp

Turkey sausage or bacon..... \$4 pp

Individual fruit yogurts..... \$3 pp

Basket of whole fruit..... \$3 pp

Oatmeal \$3 pp

Carafes of milk (skim, 2%)\$3 each

TEAMS

LUNCH AND DINNER BUFFETS

Build Your Own Sandwich Bar \$16.75 pp

(Minimum of 15 guests)

Your choice of (1) of the following soups:

Chicken Vegetable

Beef and Barley

Tomato Bisque

Mixed garden salad with diced cucumbers and tomatoes served with Italian and Ranch dressings

Assortment of breads and buns

A selection of deli meats, cheese and fresh toppings and condiments

Chilled carafes of orange, apple and cranberry juice

Tour of Italy \$16 pp

(Minimum of 15 guests)

Caesar salad, Garlic bread, Daily Pasta

Your choice of (2) of the following sauces:

Garlic and herb

Alfredo

Rose

Tomato Basil

Chilled carafes of orange, apple and cranberry juice

Enhancements: Add 1 or more of the following proteins to your pasta sauce for \$3—Diced Chicken, Sliced Italian Sausage, or Lean Ground Beef

Mexican Fiesta..... \$17 pp

(Minimum of 15 guests)

Mexican rice, refried beans

Salsa, Sour Cream, Guacamole, Hot Sauce

Your choice of (1) of the following:

Chicken or Beef Fajitas with warm soft tortillas shells

Chili Con Carne (vegetarian available upon request)

Chilled carafes of orange, apple and cranberry juice

Down South \$21 pp

(Minimum of 15 guests)

Southern style buttermilk fried chicken

Carolina coleslaw, biscuits, gravy

Your choice of (1) of the following sides:

Macaroni and Cheese

Mashed potatoes

Potato Wedges

Chilled carafes of orange, apple and cranberry juice

Pizza Parlour \$16.50 pp

(Minimum of 15 guests)

Garlic bread with marina sauce for dipping

Your choice of (1) of the following salads:

Classic Caesar

Mixed green salad with tomatoes and cucumbers with Italian and Ranch dressing,

Your choice of (3) of the following pizzas:

Hawaiian, Three Cheese, Pepperoni, Meat Lover's,

BBQ Chicken

Chilled carafes of orange, apple and cranberry juice

Back Yard BBQ..... \$16.75 pp

(Minimum of 15 guests)

French Fries, Mixed green salad with tomato and cucumber

Fresh buns, Selection of burger toppings and condiments

Your choice of (1) of the following:

Beef Burger

Chicken Burger

Veggie Burger

Chilled carafes of orange, apple and cranberry juice

Enhancements: Additional burger type or Grilled Smokies for \$5 per person

TEAMS

Sunday Dinner \$21 pp

(Minimum of 15 guests)

Seasonal mixed vegetables

Mixed green salad with Italian and Ranch Dressing

Mashed potatoes, Fresh dinner rolls

Your choice of (1) of the following:

Roast Beef with gravy

Roast Chicken with gravy

Chilled carafes of orange, apple and cranberry juice

Oriental Express..... \$21 pp

(Minimum of 15 guests)

Fried rice, vegetarian spring rolls, mixed stir-fry vegetables

Your choice of (1) of the following:

Ginger Beef

Sweet and Sour Chicken

Pineapple Pork

Chilled carafes of orange, apple and cranberry juice